



Product Specification Sheet

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Version No: BBP004

Product: Uncooked frozen tube set muffin batter.

Description: A frozen semi pliable batter in a raw state.

Ingredient List: Wheat flour, sugar, water, soya bean oil, eggs, fresh fruit and/or vegetables, raising agents, flavourants, potassium sorbate, mono-glyceride and xantham gum.

Packaging: 5 x 1kg polypropylene plastic sealed bags in a 250mm x 230mm cardboard outer box.

Labelling: Each 1kg bag is labelled with the following:

- Product
- Flavour
- Weight
- Baking Instructions
- Ingredients
- Allergens
- Origin of manufacture
- Address of manufacture
- Batch number and expiry date

Shelf Life: Product has a two month frozen shelf life.

Storage and Use: Store product at below -10° Celsius. Defrost naturally, snip corner of bag and pipe product into muffin trays for baking.

Country of origin: South Africa

Allergens: Wheat, gluten, dairy, eggs and nuts.

Nutritional Value: Per flavour as below:

BLUEBERRY MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1270	959
PROTEIN (g)	3.2	2.4
CARBOHYDRATE (g)	42.7	32
of which sugar	22	16.5
TOTAL FAT (g)	13.1	9.8
Saturated fat (g)	1.79	1.34
Mono-unsaturated fat	2.56	1.92
Polyunsaturated fat	7.94	5.95
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.9	0.7
SODIUM (mg)	262	196
CHOLESTEROL	31	24

CAPPUCCINO MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1436	1077
PROTEIN (g)	3.5	2.5
CARBOHYDRATE (g)	48.3	36.2
of which sugar	25.7	19.3
TOTAL FAT (g)	14.7	11
Saturated fat (g)	2.64	1.98
Mono-unsaturated fat (g)	3.04	2.28
Polyunsaturated fat (g)	8.13	6.1
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.7	0.5
SODIUM (mg)	272	204
CHOLESTEROL	33	25

BANANA MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1288	966
PROTEIN (g)	3.4	2.6
CARBOHYDRATE (g)	44.9	33.7
of which sugar	23.3	17.5
TOTAL FAT (g)	12.2	9.2
Saturated fat (g)	1.7	1.28
Mono-unsaturated fat (g)	2.4	1.8
Polyunsaturated fat (g)	7.37	5.53
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.8	0.6
SODIUM (mg)	268	201
CHOLESTEROL	32	24

APPLE, BRAN, RAISIN MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1163	872
PROTEIN (g)	4.3	3.2
CARBOHYDRATE (g)	42.9	32.2
of which sugar	23.6	17.7
TOTAL FAT (g)	7.7	5.8
Saturated fat (g)	1.09	0.82
Mono-unsaturated fat (g)	1.51	1.13
Polyunsaturated fat (g)	4.56	3.42
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	4.3	3.2
SODIUM (mg)	235	176
CHOLESTEROL	23	17

APPLE AND CINNAMON MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1334	1001
PROTEIN (g)	3.4	2.6
CARBOHYDRATE (g)	45.8	34.4
of which sugar	24.2	18.2
TOTAL FAT (g)	13.1	9.8
Saturated fat (g)	1.8	1.35
Mono-unsaturated fat (g)	2.57	1.93
Polyunsaturated fat (g)	7.89	5.92
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.8	0.6
SODIUM (mg)	286	215
CHOLESTEROL	35	26

BREAKFAST MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1399	1049
PROTEIN (g)	4	3.0
CARBOHYDRATE (g)	45.1	33.8
of which sugar	26.2	19.7
TOTAL FAT (g)	14.6	11.0
Saturated fat (g)	2.00	1.50
Mono-unsaturated fat (g)	3.3	2.48
Polyunsaturated fat (g)	8.43	6.32
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	1.4	1.1
SODIUM (mg)	267	200
CHOLESTEROL	32	24

CARROT MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1386	1040
PROTEIN (g)	3.6	2.7
CARBOHYDRATE (g)	45.4	34.1
of which sugar	25	18.8
TOTAL FAT (g)	14.4	10.8
Saturated fat (g)	2.0	1.50
Mono-unsaturated fat (g)	2.86	2.15
Polyunsaturated fat (g)	8.7	6.53
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	1.1	0.8
SODIUM (mg)	293	220
CHOLESTEROL	41	31

CHOCOLATE MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1423	1067
PROTEIN (g)	4	3.0
CARBOHYDRATE (g)	46.4	34.8
of which sugar	22.8	17.1
TOTAL FAT (g)	14.9	11.2
Saturated fat (g)	2.86	2.15
Mono-unsaturated fat (g)	3.14	2.36
Polyunsaturated fat (g)	8.01	6.01
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	1.0	0.8
SODIUM (mg)	287	215
CHOLESTEROL	33	25

DATE AND COFFEE MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1373	1030
PROTEIN (g)	3.3	2.5
CARBOHYDRATE (g)	47	35.3
of which sugar	26.9	20.2
TOTAL FAT (g)	13.4	10.1
Saturated fat (g)	1.85	1.39
Mono-unsaturated fat (g)	2.63	1.97
Polyunsaturated fat (g)	8.15	6.11
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	1.2	0.9
SODIUM (mg)	270	203
CHOLESTEROL	32	24

FRUIT AND NUT MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1543	1157
PROTEIN (g)	4	3.0
CARBOHYDRATE (g)	47.2	35.4
of which sugar	27.5	20.6
TOTAL FAT (g)	17.5	13.1
Saturated fat (g)	2.38	1.79
Mono-unsaturated fat (g)	3.84	2.88
Polyunsaturated fat (g)	10.31	7.73
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	1.4	1.1
SODIUM (mg)	263	197
CHOLESTEROL	31	23

BRAN MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1257	943
PROTEIN (g)	4.6	3.5
CARBOHYDRATE (g)	42.6	32.0
of which sugar	21.4	16.1
TOTAL FAT (g)	10.3	7.7
Saturated fat (g)	1.42	1.07
Mono-unsaturated fat (g)	1.99	1.49
Polyunsaturated fat (g)	6.17	4.63
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	4.4	3.3
SODIUM (mg)	259	194
CHOLESTEROL	25	19

CARAMEL FUDGE MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1407	1055
PROTEIN (g)	3.4	2.6
CARBOHYDRATE (g)	48.1	36.1
of which sugar	23.5	17.6
TOTAL FAT (g)	14	10.5
Saturated fat (g)	2.28	1.71
Mono-unsaturated fat (g)	2.71	2.03
Polyunsaturated fat (g)	8.19	6.14
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.8	0.6
SODIUM (mg)	280	210
CHOLESTEROL	33	25

VANILLA CHOC MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1426	1070
PROTEIN (g)	3.6	2.7
CARBOHYDRATE (g)	47.9	35.9
of which sugar	24.5	18.4
TOTAL FAT (g)	14.5	10.9
Saturated fat (g)	2.61	1.96
Mono-unsaturated fat (g)	3.0	2.25
Polyunsaturated fat (g)	8.04	6.03
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.7	0.5
SODIUM (mg)	269	202
CHOLESTEROL	33	25

LEMON POPPY MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1401	1051
PROTEIN (g)	4.0	3.0
CARBOHYDRATE (g)	44.3	33.2
of which sugar	23.8	17.9
TOTAL FAT (g)	15.3	11.5
Saturated fat (g)	2.10	1.58
Mono-unsaturated fat (g)	3.3	2.48
Polyunsaturated fat (g)	9.01	6.76
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.8	0.6
SODIUM (mg)	274	206
CHOLESTEROL	33	25

HEALTH MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1337	1003
PROTEIN (g)	6.2	4.7
CARBOHYDRATE (g)	42	31.5
of which sugar	22.5	16.9
TOTAL FAT (g)	12.1	9.1
Saturated fat (g)	1.65	1.24
Mono-unsaturated fat (g)	2.9	2.18
Polyunsaturated fat (g)	6.77	5.08
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	4.2	3.2
SODIUM (mg)	182	137
CHOLESTEROL	23	17

ORANGE BURST MUFFINS	Per 100g	Per 75g
ENERGY (Kj)	1366	1025
PROTEIN (g)	3.2	2.4
CARBOHYDRATE (g)	46.5	34.9
of which sugar	26.2	19.7
TOTAL FAT (g)	13.6	10.2
Saturated fat (g)	1.87	1.40
Mono-unsaturated fat (g)	2.67	2.00
Polyunsaturated fat (g)	8.28	6.21
Trans fat (g)	0	0
TOTAL DIETARY FIBRE (g)	0.9	0.7
SODIUM (mg)	265	199
CHOLESTEROL	33	25